



CAPIO CONGRESS 2018
33rd INTERNATIONAL VÁRADY-WORKSHOP
May 4th – May 5th 2018
PROGRAM



In cooperation with:



Academia Mexicana de Flebología y Linfología



Asociación Mexicana de Flebología Clínica A. C.



Baltic society of phlebology



Berufsverband der Lymphologen e. V.



Bulgarian National Society of Vascular and Endovascular Surgery and Angiology



Deutsche Gesellschaft für Phlebologie e. V.



Centro Medico Venoso y Linfatico A. C.



Hungarian Venous Forum



Hungarian Dermatological Society



Sociedad Mexicana de Linfología



Polish Phlebological Society

Place:

Hotel Nikko, Immermannstr. 41, 40210 Düsseldorf

Booking over contingent „Capio meets Várady“, Tel.: + 49 (0) 211 834 27 04

Mail: daniel.hoffmann@nikko-hotel.de (single: 139,00 €, double: 159,00 €, breakfast included)

Alternative Hotels close by:

Hotel Motel One, Immermannstr. 54, 40210 Düsseldorf, Tel.: +49 (0) 211 30 20 570

Hotel Ibis Düsseldorf Hbf, Konrad-Adenauer-Platz 14, 40210 Düsseldorf, Tel.: +49 (0) 211 16 72 0

The congress is certified with 15 points!

WELCOME



Dear colleagues and friends,

we are delighted and honored to welcome you in Düsseldorf to the Capiro Congress 2018 and the 33rd International Workshop for phlebology, lymphology and angiology, 33rd International Várady-Congress.

We were able to find specialists in phlebology, angiology and lymphology, who will present basics, studies and innovations in medicine to accomplish connections between established and new therapies, find combinations of procedures for the benefit of patients and not least discuss, to find new ways in therapy.

So we hope for an interesting congress and pleasant stay in Düsseldorf, the capital of Northern Westfalia.

Dr. med. H. P. Steffen

Congress President

Prof. Hon. (Univ. Puebla), Prof. Dr. med. Z. Várady

President of Honour International Forum for Minisurgery of Varicose Veins





Ladies and Gentlemen,

On behalf of Capiro Germany I welcome you to the 33rd International Congress for phlebology "Capiro meets Várady" in Dusseldorf.

Sincere thanks to Prof. Dr. Zoltán Várady, honorary president of the International Forum for Minisurgery of Varicose Veins who has established this congress and provided it with his name. Thanks also to Dr. med. Horst Peter Steffen, this year's president of the congress und chief physician of one of our most successful vein clinics, Capiro Klinik im Park in Hilden - just outside Dusseldorf - for his commitment to bring this key level event to Germany.

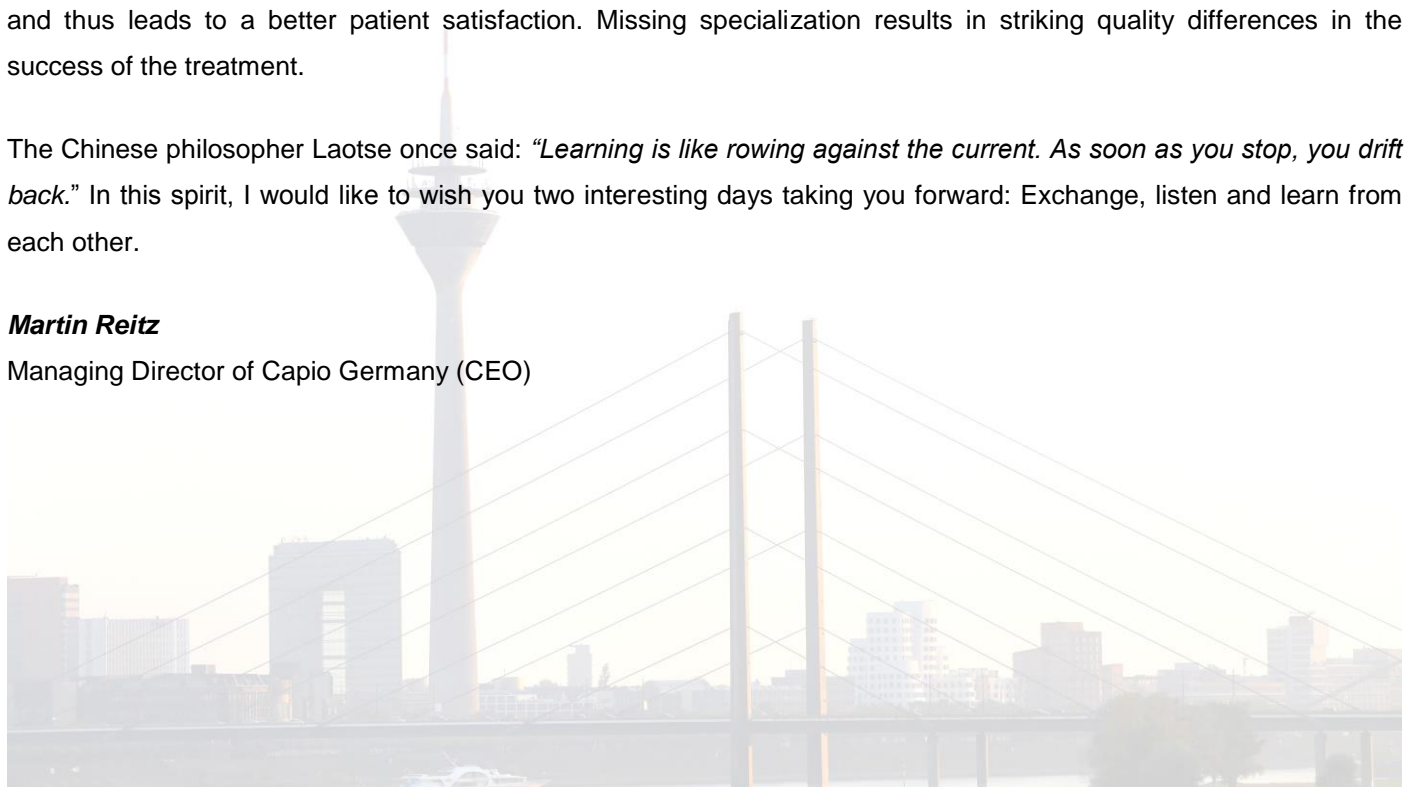
Phlebology is a medical specialty which in recent year changes in an even faster pace and which constantly brings new diagnostic and therapeutic treatment methods to the market: laser, radiowaves, sleeves, steam, glue, foam. It is our most important task to only decide according to the benefit for the patient.

For years, Capiro Germany has been market leader in the area of inpatient vein treatment. We recognized early what health experts have been demanding for a long time: Specialization within healthcare results in better medical quality and thus leads to a better patient satisfaction. Missing specialization results in striking quality differences in the success of the treatment.

The Chinese philosopher Laotse once said: *"Learning is like rowing against the current. As soon as you stop, you drift back."* In this spirit, I would like to wish you two interesting days taking you forward: Exchange, listen and learn from each other.

Martin Reitz

Managing Director of Capiro Germany (CEO)





Ladies and Gentlemen,

Capio is offering healthcare services in five European countries (Sweden, Denmark, Norway, France and Germany) with different medical traditions, cultures and regulations. What however is common for all of them is the leeway for improvements in all quality areas. Our patients are expecting to receive the best possible quality in a Capio healthcare facility. Rightly so! All our employees are giving their best.

In terms of quality Capio focuses on four areas that we believe are most important for the patients:

- Modern medicine
- Good information
- Kind treatment
- Nice environment and adequate equipment

We call these the four cornerstones of quality. At first sight they seem to be obvious. But results do not improve automatically. Improvements require determined, systematic initiatives which we successfully pursuit since years.

Quality is not a final goal but a journey towards continuous improvement for the benefit of the patient. This journey now leads via Düsseldorf: With the international workshop for phlebology “Capio meets Várady” we feel not only honored because of the title of the workshop. We also see the commitment – in terms of our quality campaign – to strive for the best for phlebologic patients.

I would like to thank Prof. Várady and chief physician Dr. Steffen for their extraordinary commitment to organize and host this important conference and to create thereby the requirements for a cross-border medical-professional exchange.

Thomas Berglund

President and CEO of Capio Europe





Dear Ladies and Gentleman,

I extend a warm welcome to Capiro Congress 2018 with the international workshop for phlebology 33rd Várady congress in Düsseldorf. I am pleased that you have chosen our beautiful city on the Rhine as a meeting place. Under the apt motto “building bridges” the congress will serve to link new and established procedures, to bring researchers, doctors and physicians into conversation, always with the aim of improving, patient diagnosis and therapy.

Düsseldorf has a great tradition and experience in this type of “bridge construction”. Our city is a prestigious congress and exhibition venue with leading international fairs such as the “Medica” or the “Rehacare”.

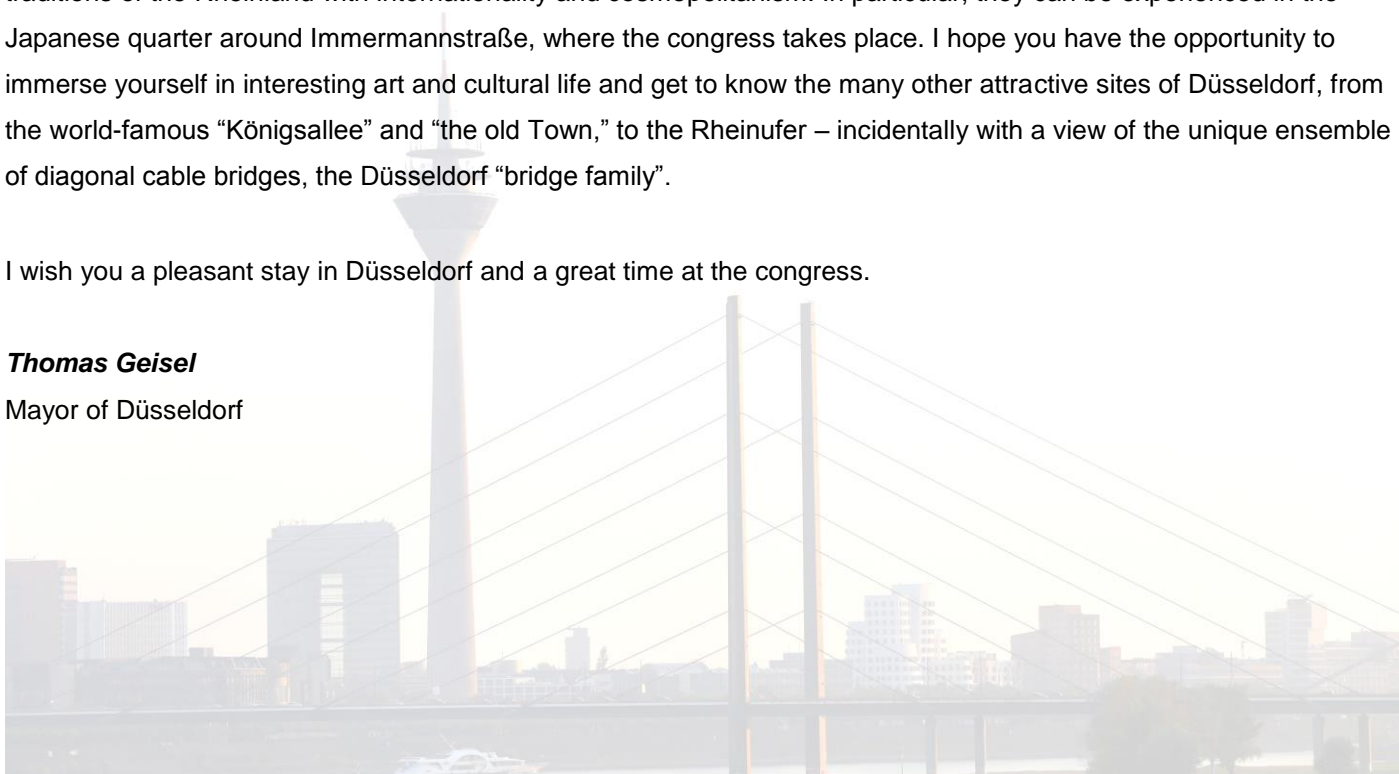
Düsseldorf and the region offer a dense network of medical facilities, clinics, colleges and research institutes. The healthcare industry is of high importance within Düsseldorf. The exchange of different experts for the well-being of patients plays a major role in medical practice.

The motto “building bridges” can be felt in everyday life in Düsseldorf. Düsseldorf combines the cordiality and traditions of the Rheinland with internationality and cosmopolitanism. In particular, they can be experienced in the Japanese quarter around Immermannstraße, where the congress takes place. I hope you have the opportunity to immerse yourself in interesting art and cultural life and get to know the many other attractive sites of Düsseldorf, from the world-famous “Königsallee” and “the old Town,” to the Rheinufer – incidentally with a view of the unique ensemble of diagonal cable bridges, the Düsseldorf “bridge family”.

I wish you a pleasant stay in Düsseldorf and a great time at the congress.

Thomas Geisel

Mayor of Düsseldorf



PROGRAM

The lectures are held in **English or German language**, the beamer presentations are shown parallel in both languages. A congress DVD will be released every year, which you get after the congress.

Thursday, May 03rd 2018

From 12 am

HOTS (Hands On Training Session) in the Capio Klinik Hilden

7.30 pm

Come Together Speakers
Foyer Hotel Nikko

Friday, May 04th 2018

12.30 pm – 13.30 pm

Opening-Session

Moderators: N. Frings, E. Rabe

12.00 – 12.13

Opening: H. P. Steffen, O. Tkotsch, M. Reitz

12.13 – 12.20

Foreword: Z. Várady

12.20 – 12.30

Video: Radiofrequency in groin – view from inside, C. Czuprin

12.30 – 12.40

Phlebology in Mexico, O. Diaz Flores

12.40 – 12.50

Operative thrombectomy, the “high end” in treating the deep vein thrombosis,
T. Hummel

12.50 – 1.00

Teaching by experts in Phlebology and Lymphology at the University of Puebla,
T. Roman

1.00 – 1.10

Complications in varicose vein surgery, N. Frings

1.10 – 1.20

Is the thermal ablation the golden standard? F. Pannier

1.20 – 1.30

The “GKV-Versorgungsstärkungsgesetz” – Success? F. Goedecke

1.30 – 2.00 pm

break

2.00 pm - 3.00 pm

Deep Venous System, Thrombosis, Leg Ulcer I

Moderators: J. Dissemond, H. Stege

2.00 – 2.08

Diagnostic of DVT and special anatomy, J. Greiß

2.08 – 2.18

Leg ulcer – options of compression therapy, J. Dissemond

2.18 – 2.26

Wound-concepts – a critical approach, R. U. Peter

2.26 – 2.34

The diabetic foot syndrome in phlebological practice, J. Zimmermann

2.34 – 2.44

Differential diagnoses of venous leg ulcer, H. Stege

2.44 – 2.52

Plastic-surgical techniques for ulcer treatment, T. Schulz

2.52 – 3.00

Case report: Adventitial cystic disease of the femoral vein, B. Maslianski

3.00 – 3.15 pm

break

3.15 pm – 4.15 pm

Deep Venous System, Thrombosis, Leg Ulcer II

Moderators: J. Dissemond, F. Pannier

3.15 – 3.25

Specialized outpatient wound care, A. Lantin

3.25 – 3.35

Aneurysm in venous system, A. Hochstein

3.35 – 3.45

Pelvic congestion syndrome – practical approach in phlebological patients, M. Glinka

3.45 – 3.55

Anti-fibrinolytic “Tranexamsäure” in orthopedic use, V. Seeid

3.55 – 4.05

Anticoagulation in superficial vein thrombosis, E. Rabe

4.05 – 4.15

Special peri-operative anticoagulation in the treatment of varicose veins, C. Popovici

4.15 – 4.30 pm

break

4.30 – 5.30 pm

CVI – Lipedema – Lymphedema

Moderators: K. Seidenstücker, M. Cornely

4.30 – 4.40

Development of lymphedema after cancer-surgery of the breast (LYMPH A), M. Cornely

4.40 – 4.50

Lipedema: Liposuction vs. conservative treatment, C. Giera

4.50 – 5.00

Liposuction and transfer of lymph nodes / does this combination lead to more complications? A. Abu-Ghazaleh

5.00 – 5.10

Chronical seroma based on a fistula of lymphatic vessels - what to do?
A. Abu-Ghazaleh

5.10 – 5.20

Operative options in the treatment of lymphedema, K. Seidenstücker

5.20 – 5.30

Pain and lipedema, personality-changing or just study-point? M. Cornely

5.30 – 5.40

Endocrinological aspects in patients with lip- and lymphedema, C. Berg

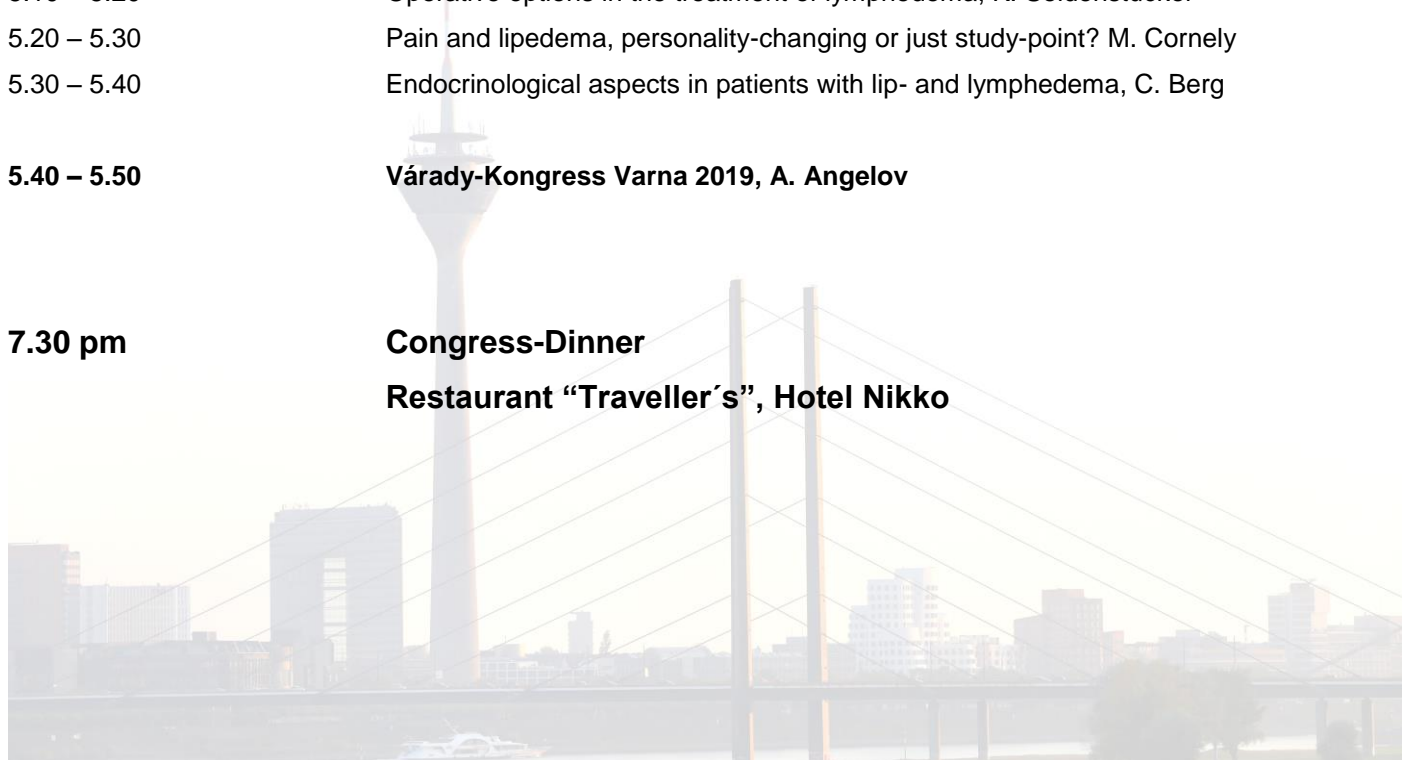
5.40 – 5.50

Várady-Kongress Varna 2019, A. Angelov

7.30 pm

Congress-Dinner

Restaurant “Traveller´s”, Hotel Nikko



Saturday, May 05th 2018**8 – 10.15 am****Basics - Vein Surgery - Vein Preservation****Moderators: E. Langer, A. Flor**

8.00 – 8.09	Animal model of human leg varicosity: incompetent perforants, tributaries, reticular and spider veins, G. Nádasy
8.09 – 8.18	Pathophysiological aspects of varicose vein disease, D. Mühlberger
8.18 – 8.27	Venae perforantes, N. Sanchez
8.27 – 8.36	Prophylaxis and therapy of venous thromboembolism, H. Kiesewetter
8.36 – 8.45	Treatment of risk pregnancies with Tinzaparin, H. Kiesewetter
8.45 – 8.55	Real time, cloud based phlebological documentation, A. Flor
8.55 – 9.05	SCOVED-Study – results, C. Kantzeloglou
9.05 – 9.15	PEHVO-Study – results, C. Popovici
9.15 – 9.25	IAVESS-Study – results, E. Langer
9.25 – 9.35	Future of Surgery in management of varicose veins, M. Mahmoud
9.35 – 9.45	Recurrences after open surgery of vein diseases, M. Gerstorfer
9.45 – 9.55	New aspects of genetics insight CVD, A. Fiebig
9.55 – 10.05	Chances and limits of extraluminal vein repair, D. Mühlberger

10.05 – 10.15**Festive Lecture: Mini- and microsurgery, Z. Varady****10.15 – 10.35 am*****break*****10.35 am – 12.40 pm****Nonthermal – Esthetics – Sclerotherapy****Moderators: R. Kolvenbach, M. Stücker**

10.35 – 10.45	VeClose-Study: Final results, N. Jawadi
10.45 – 10.55	Current developments in phlebology, J. C. Ragg
10.55 – 11.06	Nonthermal, nontumescent treatments, R. Kolvenbach
11.06 – 11.17	Update sclerotherapy, M. Stücker
11.17 – 11.27	Tips and tricks for the treatment of spider veins, E. Rabe
11.27 – 11.38	Unwanted veins of the forearm and the hand: treatment options, A. Flor
11.38 – 11.49	Complications of sclerotherapy – worst cases, Z. Böhm
11.49 – 11.59	Dermatological complications of sclerotherapy, L. Vourvouli-Rickers
11.59 – 12.09	CLaCS for the treatment of spider veins, T. Hübner
12.09 – 12.20	Modern therapy strategies for the treatment of skin varicose veins, S. Prave
12.20 – 12.30	Modern vein care and esthetics, J. Rits
12.30 – 12.40	Improved sclerotherapy by transillumination, R. Damisch

12.40 – 1.45 pm**Congress-Lunch**

1.45 – 2.45 pm**Endovenous or Open Surgery 2018****Moderators: A. Mumme, Z. Böhm**

- 1.45 – 1.55 Hybrid-therapy: Endovenous therapy and Mini-surgery, Z. Böhm
- 1.55 – 2.05 EVLA in patients with BMI > 50, A. Angelov
- 2.05 – 2.15 Update of EVLA with 1470 nm Laser and radial emitting fibers, U. Maurins
- 2.15 – 2.25 Stripping-OP vs. Laserablation – Meta-analysis, A. Mumme
- 2.25 – 2.35 Laserablation or open surgery in special cases – what about the lymphatic vessels?
E. Langer
- 2.35 – 2.45 EVLA and leg ulcer – useful or gimmick? J. P. Siegers

2.45 – 3.15 pm***break*****3.15 – 5.15 pm****Thermal Therapies****Moderators: A. Angelov, U. Maurins**

- 3.15 – 3.24 Are there aspects for EVLA in the treatment for GSV and AASV in the same session?
F. Pannier
- 3.24 – 3.33 EVLA without mini-phlebectomy – 2 years-results, M.A. Parikow
- 3.33 – 3.42 Complications after EVLA, J. Kalemba
- 3.42 – 3.51 Clinical results of EVLA 1470/1560 nm with high LEED, radial fiber, automatic
pullback device and laser powermeter, D. Slavin
- 3.51 – 4.00 EVLA of leg veins – should we be more or less radical? A. Flor
- 4.00 – 4.09 Chances and limits of venous closure, M. Gerstorfer
- 4.09 – 4.18 Lasertherapy of varicose veins – alarming high rates of recurrence, A. Mumme
- 4.18 – 4.27 Lasercrossectomie, I. Bihari
- 4.27 – 4.36 Influence of 1940 nm wavelength on results of EVLA of GSV, U. Maurins
- 4.36 – 4.45 The results after huge vein laser ablation, A. Vanags
- 4.45 – 4.55 Phlebological center based data on laser technique – lesson learned, practical
advices, U. Maurins
- 4.55 – 5.05 Is ablation distance crucial for therapy success of EVLA for GSV? J. Rits

5.05 – 5.20 pm**Closing words and handing over of phlebo-light and baton****H. P. Steffen, Z. Várady, A. Angelov****5.25 pm****Várady Kongress Varna 2019, A. Angelov**



Capio



Referees

Abu-Ghazaleh, Dr. Alina	Klinik für Plastische und Ästhetische Chirurgie, Sana Kliniken Düsseldorf GmbH	D
Angelov, Dr. Angel	Universität Varna, Bulgarien	BLG
Berg, PD Dr. med. Christian	Evangelisches Krankenhaus Mettmann, Klinik für Innere Medizin	D
Bihari, Prof. Dr. med. Imre	University of Budapest	HU
Böhm, Prof. Dr. med. Zoltán	Frankfurter Spezialklinik für Beinleiden, Frankfurt/Main	D
Cornely, Prof. Dr. med. Manuel	Dermatologisch-Ästhetische Praxisklinik Dr. Cornely, Düsseldorf	D
Czuprin, Dr. med. Carsten	Gefäßchirurgische Klinik Katholische Hospitalvereinigung Weser, Brakel	D
Damisch, Dr. Rüdiger	Damisch Institut für Venen- und Lasertherapie, Salzburg	A
Diaz Flores, Prof. Dr. Oscar	Universität Puebla	MEX
Dissemond, Prof. Dr. med. Joachim	Klinik und Poliklinik für Dermatologie, Venerologie und Allergologie, Universitätsklinikum Essen	D
Fiebig, Dr. med. Andreas	Kompetenznetz Chronische Venenkrankheiten, Kiel	D
Flor, Prof. Dr. med. Alexander	Venenpraxis an der Privatklinik Döbling, Wien	A
Frings, Dr. med. Norbert	Capio-Mosel-Eifel-Klinik, Bad Bertrich	D
Gerstorfer, Dr. med. Michael	Capio Schlossklinik Abtsee, Laufen	D
Giera, Dr. med. Corinna	Capio Schlossklinik Abtsee, Laufen	D
Glinka, Dr. med. Marek	Zentrum für ästhetische, vaskuläre und dermatologische Chirurgie Var-Med, Ustron	PL
Goedecke, Falk	Recucare GmbH, Stuttgart	D
Greiß, Dr. Julian	Capio MVZ Klinik im Park, Hilden	D
Hochstein, Dr. Maria	Capio Klinik im Park, Hilden	D
Hübner, Dr. Tanja	Capio Klinik im Park, Hilden	D
Hummel, Dr. Thomas	Klinik für Gefäßchirurgie, Katholisches Klinikum der Ruhr-Universität, Bochum	D
Jawadi, Dr. Dr. Najib	Zentrum für Gefäßmedizin, Düsseldorf	D
Kalemba, Dr. med. Jaroslaw	Estmed Professional, Strzelce Opolskie	PL
Kantzeloglou, Dr. Chrysovalantis	Capio Klinik im Park, Hilden	D
Kiesewetter, Prof. Dr. Dr. Holger	Past Director Institute Transfusion medicine and Immunohematology, Charité; Hämostaseologikum MVZ GbR, Berlin	D
Kolvenbach, Prof. Dr. med. Ralf	Augusta Krankenhaus, Düsseldorf	D
Langer, Dr. med. Elisabeth	Capio Klinik im Park, Hilden	D
Lantin, André	Recucare GmbH, Stuttgart	D
Mahmoud, Dr. Mohamed	Polyclinic Mediscan	BIH

Maslanski, Dr. Barys	Gomel Regional Clinical Hospital, teach at the Gomel Medical Universität	BY
Maurins, Prof. Dr. Uldis	Dr. Maurins Vein Clinic, Riga, President of Baltic Society for Phlebology and Forum for Minisurgery	LV
Mühlberger, Dr. med. Dr. med. Dominic	St. Josef Hospital Bochum, Klinik für Gefäßchirurgie, Klinikum der Ruhr-Universität, Bochum	D
Mumme, Prof. Dr. med. Achim	Klinik für Gefäßchirurgie Katholisches Klinikum der Ruhr-Universität, Bochum	D
Nádasy, Dr. György	Institut für klinisch-experimentelle Forschung, Semmelweis Universität, Budapest	HU
Pannier, PD Dr. med. Felicitas	Venen- und Hautpraxis Dr. Pannier, Bonn Dermatologische Klinik Universitätsklinikum Köln, Endo-AG der DGP, Köln	D
Parikow, Dr. Matvey Alexandrowitsch	Innovative Vascular Center , St. Petersburg	RUS
Peter, Prof. Dr. med. Ralf-Uwe	Capio Blausteinklinik, Gefäß- und Hautzentrum Blaustein	D
Popovici, Dr. Corina	Capio Klinik im Park, Hilden	RO
Prave, Dr. Sandra	Dr. Maurins Vein Clinic, Riga	LV
Rabe, Prof. Dr. med. Eberhard	European College of Phlebology, past president UIP and DGP, Universitätsklinikum Bonn	D
Ragg, Dr. med. Johann Christof	Angioclinic Dr. Ragg, Berlin, München, Zürich	D
Rits, Dr. Juris	Dr. Maurins Vein Clinic, Riga	LV
Roman, Dr. Tiana	Universität Puebla	MEX
Sánchez, Prof. Nora	Vascular surgery Department, Lic. Adolfo Lopez Mateos Hospital, Mexico city	MEX
Slavin, Dr. Dmitry	Kazan State Medical Academy, Kazan	RUS
Schulz, Dr. Tino	Sana Kliniken Düsseldorf GmbH, Klinik für Plastische und Ästhetische Chirurgie	D
Seeid, Dr. Varto	St. Josef -Krankenhaus Hermeskeil	D
Seidenstücker, Dr. med. Katrin	Plastische Chirurgie II, Sana Klinikum Benrath, Düsseldorf	D
Siegers, Dr. med. Jan-Peter	Capio Krankenhaus Land Hadeln, Otterndorf	D
Steffen, Dr. med. H. P.	Congress President, Capio Klinik im Park, Hilden	D
Stege, PD Dr. med. Helger	Congress President DGP-Kongress 2018, Dermatologische Klinik Klinikum Lippe, Detmold	D
Stücker, Prof. Dr. Markus	President DGP, Dermatologische Klinik Katholisches Klinikum der Ruhr-Universität, Bochum	D
Tkotsch, Olaf	Director Capio Klinik im Park, Hilden	D
Reitz, Martin	Managing Director, CEO Capio Germany	D
Vanags, Dr. Andrejs	Dr. Maurins Vein Clinic, Riga	LV
Várady, Prof. Hon. (Univ. Puebla), Prof. Dr. med. Zoltán	Past President and President of Honour International Forum for Minisurgery of Varicose Veins, Frankfurt/Main	D
Vourvouli-Rickers, Dr. Lilian	Capio Klinik im Park und Capio MVZ Klinik im Park, Hilden	GR
Zimmermann, Dr. med. Julian	Gefäß- und Hautzentrum Blausteinklinik, Blaustein	D

CONGRESS VENUE

Hotel Nikko, Immermannstr. 41, 40210 Düsseldorf



Hotel Nikko, Outside



Hotel Nikko, Entrance

Coming from the Highway A3

Exit Dusseldorf / Mettmann. At the traffic light turn left onto the B7 direction to Düsseldorf. Stay on B7 and pass the Grafenberger Allee. At Wehrhahn continue for 5 km, then turn into Oststraße. After 500 m turn left into Immermannstraße.

Coming from the Highway A57

Take B1 at Neuss / Hafen junction in direction of Düsseldorf. At fourth intersection, turn off onto Merowinger Straße direction to Düsseldorf Zentrum. Continue straight until the end of Friedrichstraße, then turn right into Graf-Adolf-Straße. After 700 m, at the large post office on the right, turn left into Immermannstraße. Hotel Nikko is on the left.

Parking Space

Underground parking with 550 parkingslots is available (2,50 € per hour or 25,00 € per day).

Please notice: parkingslots are public parking and we have no influence on the fees.



REGISTRATION

Name: _____

Clinic/Office: _____

Thursday, May 03rd 2018

Workshops from 12 am

X	HOTS (Hands On Training Session)	Fee
	CLaCS (Cold Laser Cold Sclerotherapy) Training-Session with Dr. H. P. Steffen / Germany	350,00 €
	Sclerotherapy Training-Session with Dr. Corina Popovici / Romania	200,00 €
	Duplexsonography Training-Session with Dr. Chrysovalantis Kantzeloglou / Greece	200,00 €

Congress: May 04th 2018 – May 05th 2018

X		Fee
	Capio meets Várady Congress 33 rd Internationaler Várady-Workshop	100,00 €

Friday, 04th May 2018 7.30 pm: Banquet

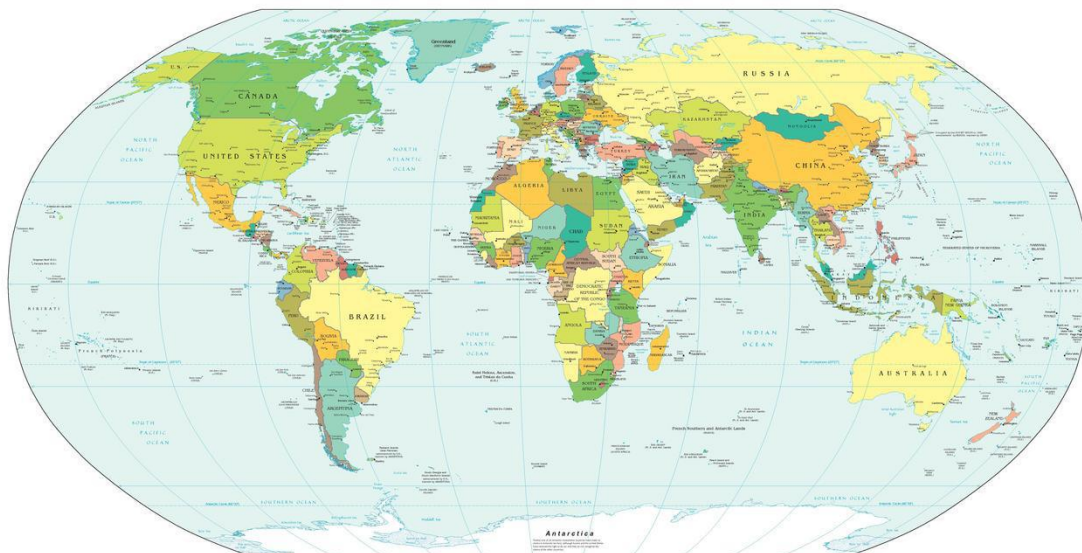
X		Fee
	Banquet	40,00 €

Please mark as appropriate and send registration by fax to +49 (0) 2103 896-159 or by e-mail to nora.roehrig@de.capio.com.



**Länder der Besucher beim Internationalen Várady Workshop
Frankfurt, Cancun, Budapest, Riga und Düsseldorf (45 Länder)**

Canada	Netherlands	Germany	Hungary	Switzerland	Poland	Slovakia	Czech Republic	Sweden	
USA								Finland	
Mexico								Estonia	
Cuba								Litauenia	
Honduras								Latvia	
Costa Rica								France	
Peru								United Arab Emirates	
Guatemala								Luxembourg	
El Salvador								Belarus	
Columbia								Russia	
Brazil								Ukraine	
Paraguay								Serbia	
Argentina								Croatia	
Chile								Australia	
Portugal	Spain	Italy	Greece	Turkey	Romania	Japan	Bulgaria	Austria	India



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1: € 2.500; 2: € 1.000; 3: € 750; 4: 1.190; 5: € 2.000; 6: € 1.500; 7: € 2.500; 8: € 500; 9: € 2.975; 10: € 1.000 €; 11: € 800; 12: € 2.000; 13: € 500; 14: € 3.570;