



Program

Várady's 34th International Workshop for Phlebology, Lymphology and Angiology

together with

Servier Annual Meeting

Main topic: „Venous diseases“

10 – 11 May 2019

Varna-Bulgaria

Annual meeting of the International Forum for Minisurgery of Varicose Veins

with more than 1500 members worldwide, one of the largest phlebological societies

in cooperation with:

Intendend referees

Dr.	Alekssev	RUS
Dr.	Anastasov	BLG
Dr.	Angelov	BLG
Prof. Dr.	Arriaga	MEX
Prof. Dr.	Bihari	H
Prof. Dr.	Böhm	D
Dr:	Caballero	MEX
Dr.	Damisch	A
Prof. Dr.	Flor	A
Dr.	Frings	D
Dr.	Goranova	BLG
Dr.	Govedarski	BLG
Dr.	Kalembe	PL
Dr.	Katz	D
Prof. Dr.	Kiesewetter	D
Doz. Dr.	Lukanova	BLG
Dr.	Maslianski	BY
Dr.	Mathew	A
Dr.	Mihaylov	BLG
Dr.	Mitev	BLG
Doz. Dr.	Nádasy	H
Dr.	Nikolov	BLG
Dr.	Parikov	RUS
Doz. Dr.	Petkov	BLG
Prof. Dr.	Petrov	BLG
Dr.	Prave	LV
Prof. Dr.	Rabe	D
Dr.	Radev	BLG
Dr.	Ragg	D
Dr.	Rits	LV
Dr.	Runkov	BLG
Prof. Dr.	Sanchez	MEX
Prof. Dr.	Serralde	MEX
Dr.	Slavin	RUS
Prof. Dr.	Staneva	BLG
Dr.	Steffen	D
PD Dr.	Stege	D
Dr.	Valtchev	BLG
Prof. Dr.	Várady	D
Prof. Dr.	Vega	MEX
Dr.	Zernovicky	SK



Academia Mexicana de Flebología y Linfología



Baltic Society of Phlebology



German Professional Association of Lymphology



Centro Medico Venoso y Linfatico A.C.



Hungarian Venous Forum



Sociedad Mexicana de Linfología



Asociación Mexicana de Flebología Clínica A.C.



Bulgarian Nat. Soc. of Vascular and Endovasc. Surgery and Angiology



German Society of Phlebology



Hungarian Dermatological Society



Polish Phlebological Society (PTF)

Place: Hotel International*****, 9007-Golden Sands - Varna/Bulgaria, www.hotelcasinointernational.com

Organisation: Dr. med. Angel Angelov dr_angelov@abv.bg
Prof. Dr. med. Zoltán Várady workshop@phlebo-varady.de

Info: www.phlebo-varady.de <https://varady-servier-varna-2019.com>

The meeting is certified!

Várady's 34th International Workshop of Phlebology

As many already know this Workshop bears some specialties:

International character – in cooperation with other phlebological societies and the German professional association for lymphology - opinions from many countries are to be heard about, practical topics and courses, semi-live operation course, intimate atmosphere, *each participant is also a referent*, topic discussions without prepared lectures. The convention has the form of a large round table talk without a program elaborated in detail. To each topic you can present your proposals or short lectures. The program, as ever before, is just globally outlined; the particular lectures are not listed, so there is still room for some surprise. *The lectures are held in English or German language*, the beamer presentations are supposed to be shown parallel in both languages. A congress DVD will be released as every year, which you get at the congress. All participants receive a *booklet of every presentation in English and German*.

The meeting in Varna is the fourth of the series of Várady's Workshop abroad, next cities: Vienna 2020, Bratislava 2021, Belgrad 2022, St. Peterburg 2023!

Sincerely **Dr. Angelov, Prof. Várady**

Friday: 10 May 2019

Before noon: **Registration; presentation of sponsors.**

12:00 a.m. **Lunch and video presentations** of mini invasive surgery and sclerotherapy.

01:00 p.m. **Solemn opening of the Workshop.**

Angelov

01:15-01:45 p.m. **Introductory lecture:** Mini invasive surgical treatment of varicose veins – forty years of experience.

Várady

Thermoablation – Chairmen: Petrov, Stankev, Flor

01:45-01:50 p.m. Welcome from the head of the Bulgarian Society of Vascular Surgery and Angiology.

Petrov

01:50-02:00 p.m. Laser ablation of leg veins: should be more or less radical?

Flor

02:00-02:10 p.m. Laser crosssection: 10-year experience.

Bihari

02:10-02:20 p.m. Endovenous treatment in chronic vein thrombosis.

Caballero

02:20-02:30 p.m. How do I perform laser ablation: TURBO ELVES?

Rits

02:30-02:40 p.m. Modern aspects of endovenous laser ablation.

Parikov

02:40-02:50 p.m. The best strategy for treatment of insufficient GSV, Hach I type.

Anastasov

02:50-03:00 p.m. ELVA of recurrent varicose veins.

Slavin

03:00-03:10 p.m. Endovenous laser ablation experiences from 2005-2018 with 810 & 1470 diode.

Mathew

03:10-03:20 p.m. Alternative calculation of optimal LEED for EVLA.

Alekseev

03:20-03:30 p.m. Discussion

03:30-04:00 p.m. **Coffee break**

Operative treatment – Chairmen: Tschervenkov, Girov, Bihari

04:00-04:10 p.m. Endoluminal treatment and minisurgery – combination or single approach?

Böhm

04:10-04:20 p.m. Hypothermia in patients undergoing op. treatment for varicose vein disease.

Steffen

04:20-04:30 p.m. How to perform good miniphlebectomy?

Kalemba

04:30-04:40 p.m. MOCA as a first-choice treatment in a patient with recurrent varicose veins after high ligation and stripping.

Valtshev

04:40-04:50 p.m. The economic alternative for sapheno femoral insufficiency: crosssection by Mini-surgery.

Vega

04:50-05:00 p.m. Treatment options of aesthetic veins of the hand and the forearm.

Flor

05:00-05:10 p.m. Atypical sources of venous reflux and their treatment.

Zernovicky

05:10-05:20 p.m. Nd:Yag 1064 nm long pulse laser in aesthetic phlebology.

Parikov

05:20-05:30 p.m. Is there a justification for open surgery in the treatment of varicose veins?

Frings

05:30-05:40 p.m. SEPS-subphasceal endoscopic removal of perforant varicose veins.

Runkov

05:40-05:50 p.m. Actual treatment for the deep vein thrombosis.

Arriaga

05:50-06:00 p.m. Treatment of venous aneurysms and large-diameter saphenous veins.

Maslianski

06:00-06:10 p.m. Discussion

06:10-06:30 p.m. History of the Várady's Workshop.

Várady

08:00 p.m.- Gala dinner. Transmitting the relay to Vienna for 2020.

Saturday: 11 May 2019

Servier– annual symposium *Chairmen: Petrov, Rabe*

- 10:00-10:10 a.m. Opening of symposium: 25 years of collaboration of Servier and the Bulgarian Society of Vascular Surgery and Angiology. *Petrov*
- 10:10-10:50 a.m. The new guidelines for treatment of CVD and new scientific proofs about MPFF's efficacy, combined with venous procedures. *Rabe*
- 10:50-10:55 a.m. Discussion.
- 10:55-11:25 a.m. Pros and cons of mini-invasive procedures and traditional open surgery methods. A discussion between two specialists on stage, around a clinical case. *Anastasov & Mihaylov*
- 11:25-11:30 a.m. Discussion
- 11:30-11:45 a.m. **Coffee break**
- 11:45-12:00 a.m. Non-thermal mini-invasive techniques – summary of our practical experience. *Nikolov*
- 12:00-12:05 a.m. Discussion
- 12:05-12:20 a.m. Presentation – The best clinical case of young specialist.
- 12:20-13:10 p.m. Hand-On workshop – Ultrasound guided sclerotherapy mini-course on mock-up model. *Staneva & Lukanova*
- 01:10-02:00 p.m. **Lunch**

Chronic venous insufficiency *Chairmen: Staneva, Böhm, Sanchez*

- 02:00-02:10 p.m. Improved sclerotherapy by transillumination. *Damisch*
- 02:10-02:20 p.m. Sclerotherapy in haemangiomas. *Goranova*
- 02:20-02:30 p.m. Etiology, diagnosis and therapy of chronic venous disease. *Lukanova*
- 02:30-02:40 p.m. Patterns of the saphenous vein reflux. *Sanchez*
- 02:40-02:50 p.m. Aesthetic Phlebology. *Prave*
- 02:50-03:00 p.m. Tumescence-assisted short catheter foam sclerotherapy. *Radev*
- 03:00-03:10 p.m. Glue occlusion of saphenous veins. *Bihari*
- 03:10-03:20 p.m. Foam sclerotherapy treatment of acute varicose veins bleeding *Petkov*
- 03:20-02:30 p.m. Discussion
- 03:30-04:00 p.m. **Coffee break**

Varia *Chairmen: Lukanova, Kiesewetter, Serralde*

- 04:00-04:10 p.m. Cloud-based phlebologic documentation. *Flor*
- 04:10-04:20 p.m. Non-thermal non-tumescent ablations: when, why and how to do it? *Zernovicky*
- 04:20-04:30 p.m. Differential diagnosis of lower leg ulcer. *Stege*
- 04:30-04:40 p.m. Bandaging or stockings? – best postoperative treatment for venous and endovenous surgery. *Steffen*
- 04:40-04:50 p.m. Treatment of high-risk pregnancies. *Kiesewetter*
- 04:50-05:00 p.m. Reticular veins, spider veins and incompetent perforantes in the SVS of the rat. *Nádasy*
- 05:00-05:10 p.m. Our experience in the treatment of chronic marturell wounds on the lower leg. *Mitev*
- 05:10-05:20 p.m. Non-Thermal ablation of Great Saphenous Vein. *Serralde*
- 05:20-05:30 p.m. 3-years experience of the wound center in Berlin. *Katz*
- 05:30-05:40 p.m. Treatment of venous ulcer with adjustable Velcro Device. *Serralde*
- 05:40-05:50 p.m. Crossroad in phlebology: Late stage surgery or prevention? *Ragg*
- 05:50-06:10 p.m. Microsurgery. *Várady*
- 05:30-05:40 p.m. Discussion
- 05:40 p.m. **Closure of Várady's Workshop** *Angelov*
- 08:00 p.m. **Dinner**

Supporting firms:

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Thanks for the friendly support!

Place: **Hotel International*******, 9007-Golden Sands - Varna / Bulgaria
info: www.hotelcasinointernational.com
phone (fax): 0035 952 357180
e-mail: reservations@interhc.com

Directions: When making a reservation, the Hotel International provides a shuttle service to and from Varna Airport

Registration fee: **100.- €/person** **banquet at Friday: 30.- €/person**
free for students with study-card

The price includes: participation at the meeting, lunch at Friday and at Saturday (excluding beverages) and coffee breaks. On request, participants receive the new released, congress DVD with all lectures of the meeting 2019 after completion via mail. The registration fee remains unchanged even when you do not use one or more benefits, since it is lower than that offered services, thanks to the sponsoring companies!

Accommodation: **Hotel International*******, Golden Sands
SR 119,00 BGN (=61,00 €); DR 158,00 BGN (=81,00 €) (inc. breakfast)
Reservation is made via e-mail: reservations@interhc.com.

Registration: <https://varady-servier-varna-2019.com>

(Subject to change without notice! As at 11 May 2019.)